

# Fjelldalen's NYTT <sup>25<sup>th</sup></sup> Anniversary



"Mountain Valley"

**Fjelldalen Lodge #6-162**

Christ Lutheran Church  
8997 S. Broadway, Highlands Ranch  
Fjelldalen.com



**SONS of NORWAY**

Celebrating 125 Years

1895-2020

Volume 25, Issue 5  
September—October 2020

*Coming Up*

*Until further notice—ALL meetings are on Zoom*

**August**

25 6:30 Board Meeting - [Join via Zoom](#)

**September**

5 10:00 Genealogy—General Q&A Help

[Join Genealogy Via Zoom](#)

1:00 Lodge Meeting—[Join via Zoom](#)

Amanda Awards

Ed Eskelson

29 6:30 Board Meeting - [Join via Zoom](#)

**October**

3 10:00 Genealogy—Em / Immigration

[Join Genealogy Via Zoom](#)

1:00 Lodge Meeting—[Join via Zoom](#)

Tradition of Lutefisk

Andrea Peterson

17 Lutefisk Dinner—Cancelled!

27 6:30 Board Meeting - [Join via Zoom](#)

**November**

7 10:00 Genealogy—Passenger List

[Join Genealogy Via Zoom](#)

1:00 Lodge Meeting—[Join via Zoom](#)

A talk about the Sami

Andrea Peterson

24 6:30 Board Meeting - [Join via Zoom](#)

**December**

4 5:00 Finlandia Foundation

Kauneimmat joululaulut

Finnish Christmas Church

5 10:00 Genealogy—TBD

[Join Genealogy Via Zoom](#)

1:00 Lodge Meeting—[Join via Zoom](#)

A talk about the Sami

Andrea Peterson

5:00 Finlandia Foundation

Piikijoulu—Trollheim Lodge

29 6:30 Board Meeting - [Join via Zoom](#)

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## About Us

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.





# Fjelldalen Lodge #6-162

## Highlands Ranch, Colorado



### **A Message From the Fjelldalen President**

Dear Fjelldalen Lodge members,

My first thoughts are for your health, safety and wellbeing. It is my most sincere hope that all of our Lodge members and their families are doing good during these strange and uncertain times that we live in with the global coronavirus pandemic. In my daily life when someone asks how I am doing my answer is “I’ve had better days and I’ve worse ones.” Some days I don’t know if I’m going to laugh or cry, but I always try start each day looking for beauty and end my day counting my blessings.

Some of my truest blessings are my friendships that began when I joined Sons of Norway. I still have cherished friendships found through my Sons of Norway membership when I lived in Washington State and I am grateful for the welcoming friendships made when I moved to Colorado and joined of our amazing Fjelldalen Lodge. I miss those Fjelldalen friendships and look forward to the day we can all meet together again in person; to greet each other and renew old friendships and build new ones with our fellow Lodge members. We are such a fun and wonderful group when we get together! Until we can meet in person, we are planning to start up this Fall with Zoom meetings. These are not as personal as being together but sometimes it is the ‘small and simple things’ that can help us find joy in life. This is going to be new to all of us so please join in and give it a try. The goal is to have our first Zoom Lodge meeting in September and then each month afterwards until we can meet in person. We hope to see you on one of these calls or hear your voice if you can’t do the video.

Until we meet again, know that you are not forgotten, we are thinking of you and we are all in this together - as a Lodge, as friends, and as fellow human beings just trying to figure out how to laugh, cry, look for the beauty in the day and count our blessing. Our Lodge is truly a group of friendly, fun and caring people who enjoy each other. I look forward to forward to seeing you soon on Zoom or in person.. and will be thankful for whichever it is.

Be safe, be happy, and have joy.  
Fraternally, Donita

### **A Message From the Sons of Norway**

As we enter into this uncertain time in history, we want to assure you that Sons of Norway remains strong and dedicated to its members and insurance policy holders. From the spread of COVID-19 to unforeseen market volatility and natural disasters, we are living through unique times.

The world is changing at an extraordinary pace, and we want you to know Sons of Norway is well prepared for the current economic environment. Founded in 1895 by 18 Norwegian immigrants with the mission to protect each other and their families, that mission has never been truer than it is today.

We have enacted our disaster plan to ensure that we can continue our day-to-day operations, provide service to our clients and keep our employees safe. We have transitioned most of our employees to work remotely, with limited staff onsite to maintain the day-to-day functions of the home office. We have the systems and safeguards in place to continue to provide you and your families the protection and support you expect from us.

The financial markets have never seen conditions like we are experiencing now, but rest assured your insurance is safe—both life insurance and annuities. We make very conservative long-term investments designed to weather these “perfect storm” conditions. We do not make short-term high-risk investments; as we always have done, we are protecting our members and clients by taking a conservative approach.

Our solvency remains extremely strong, which means our ability to pay claims and annuity income streams remains unchanged amid today’s uncertain circumstances. We want to thank you for being part of Sons of Norway and let you know we remain true to our mission of protecting our members, policy holders and employees.

Ron Stubbings, International President      Chris Pinkerton, CEO



# Fjellsdalen Lodge #6-162

## Highlands Ranch, Colorado



### **Lodge Meetings Are now on Zoom**

Time: First Saturday of every month September through June

1:00 PM Mountain Time (US and Canada)

Sep 5, 2020, Oct 3, 2020, Nov 7, 2020 01:00 PM, Dec 5, 2020 01:00 PM

### **Join Zoom Meeting**

Meeting ID: 899 2806 0674 Passcode: 137506

### **How to join a Zoom meeting: What are the requirements?**

To join a Zoom meeting, a host first has to create a meeting and share the invite URL or meeting ID. You do not need a Zoom login to join a meeting, all you need is that meeting URL or ID.

Once the host starts the meeting, participants can join unless the host enabled the option allowing participants to join before the host arrives.

If you haven't installed the Zoom App, you'll be asked if you want to install it. For desktops you have a choice. For most tablets and phones, you will have to install it. Download the Zoom app for iOS or for Android on Google Play, and set it up using your contact information

#### ***Test your Zoom setup***

- Whether you install the desktop application, are using a desktop browser, or are using a tablet or phone, Test The Meeting.
- To test how a meeting works, Zoom has a test meeting you can join. This will allow you to test your speaker and microphone—or headphones—and you video. Follow the instructions at:  
<https://zoom.us/test>  
And click Join

#### ***How to join a Zoom meeting on desktop***

- Click join a meeting in the email or in the newsletter.
- A browser window will open and ask you to select to open the Zoom app or run in a browser

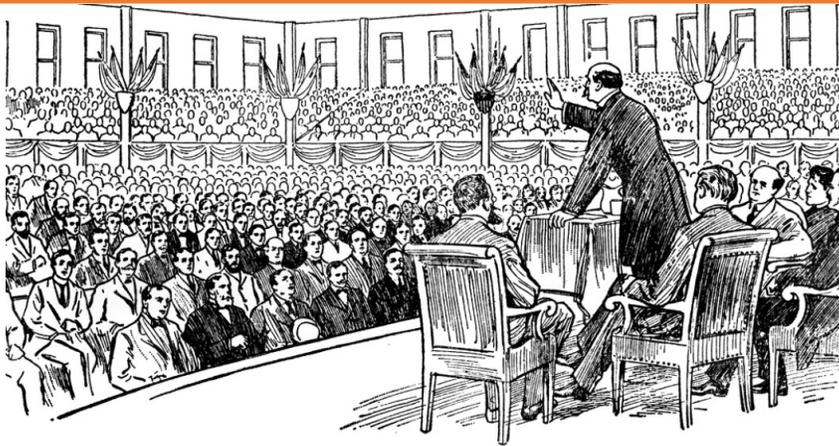
#### ***How to join a Zoom meeting on mobile (iPhone, Android)***

- Tap on the meeting invite URL in the email which will open the Zoom app. The app may ask for permission to use your phone's camera.

Again, depending on the meeting's set-up, you may enter the meeting right away, you may need to wait for the host to arrive first or you may be placed into a waiting room that the host controls.



# Fjellaldalen Lodge #6-162 Highlands Ranch, Colorado



## An Announcement on the 2022 International Convention

*I am writing this to inform you that the International Board held a meeting to discuss the 2022 convention. It was duly Moved, Seconded, and CARRIED that the 2022 convention be held in the greater Minneapolis/St. Paul, Minnesota area. Much discussion, and several meetings, were held to reach this decision. It was not an easy decision to reach, but the board does have a fiduciary responsibility to the organization, and it was calculated that the cost to have it in Norway would be in excess of \$100,000 USD more than hosting it in Minneapolis.*

*We want to thank District 8 and their members for all of the time and effort that they put into planning this event. The whole world is in turmoil at the moment, and no one knows what the future will bring. Stay safe, stay healthy.*

*Ron Stubbings*

## New Grants Available to Members Through the Sons of Norway Founda- tion

The Sons of Norway Foundation is proud to announce the brand new Helping Hands to Members Medical Relief Grant. This grant assists current members with unreimbursed medical claims resulting from extreme illness or injury. Awards of up to \$5,000 are available to help members who are uninsured, underinsured or denied coverage for major medical expenses. Grants are made from the Foundation's Humanitarian Fund.

**[Learn more](#)**





# Fjellaldalen Lodge #6-162 Highlands Ranch, Colorado

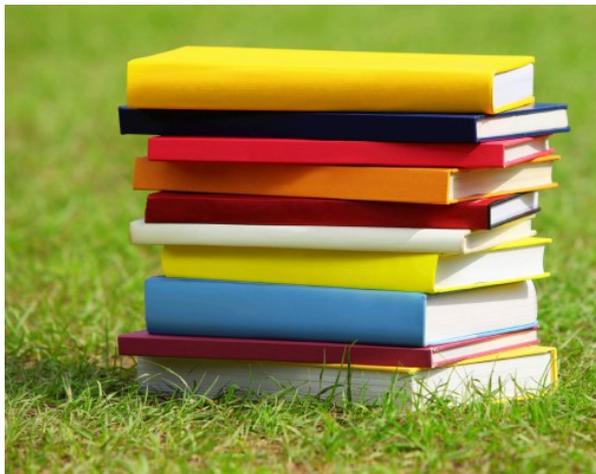


## Sons of Norway—Virtual Programming for 2021

David Crabb, Fraternal Engagement Manager, wants your feedback on your favorite social, cultural, and educational programs you've seen at Sons of Norway events. They plan to come up with a virtual programming calendar for 2021 featuring the favorites people mention. Watch a video of his presentation using this link:



### NEW Activity!! Leseklubb: One Lodge, One Book A Reading Club



Join other Fjellaldalen members reading a new selection every two months.

The first book is Vidar Sundstøl's *The Land of Dreams*, available for Kindle from Amazon for \$9.99. This book is set in Minnesota and is a Norwegian murder mystery which also involves the history of the Norwegian migration and mentions Sons of Norway. *The Land of Dreams* was described by Dagbladet, Norway's second largest tabloid newspaper, as one of the top twenty-five Norwegian crime novels of all time. Very Norwegian in character! Originally written in Norwegian. See more at <https://malwarwiconbooks.com/best-norwegian-crime-novel/>





# Fjellidalen Lodge #6-162

## Highlands Ranch, Colorado



### Fjellidalen Lodge #6-162 Officers for 2020

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Open

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# This Month's SofN Web Site Feature



Join our  
**Community**

There's something for everyone at  
**Sons of Norway!**  
[EXPLORE MEMBER BENEFITS](#)



Introducing our  
**Financial Products**

Secure your future with our financial  
planning resources.  
[VIEW PRODUCT LINE](#)



Expand your horizon through the  
**Foundation**

Helping others through our shared  
Nordic values.  
[LEARN ABOUT THE FOUNDATION](#)

## Birthdays:

**GM** Golden Members!

**LM** Life Members

**HM** Heritage Members

Kelley Bowers	9	9	
Agnes Omholt	9	12	GM
Donna Herrmann	9	13	
Erik Collett	9	22	GM
Erik Hjelmstad	9	22	H
Merrill LeBlanc	9	30	
Kathryn Johnson	10	1	
Sharon A Ingram	10	2	
Peter LeBlanc	10	3	
Cathrine Floyd	10	4	
Robert Tollund	10	4	GM
Lyle Haugen	10	6	
Rebecca Bowers	10	7	
M Gay Bossart	10	8	
Leslie Reingold	10	10	
Inger Jorgensen	10	15	
Roger Dudley	10	18	
Andrea Peterson	10	19	
Kaia Weinstein	10	22	H
William Weinstein	10	22	H
Ardis Haugen	10	23	
Donna Newland	10	24	
Beverly Nelson	10	25	
Marilyn Speas	10	25	
Ethan Hjelmstad	10	28	H



## Recent New Members

Kari Degerness

Wayne Derby

Kate E Meckel

Anne-Marie Fanakra

Lylah Gambill

Skylar Gambill

Marko Johnson



**NEXT-LEVEL SPORTS MEDALS COMING IN AUGUST  
MEMBERS ASKED FOR NEW GOALS, AND WE ANSWERED!**



Two beautiful new medals will be available August 2020 in the Sports Medals Program.

Idrettshelt [ee-dretts-hellt]—the sports hero pin—is the 5th level within any sports medal category. Earn the Idrettshelt pin by doubling the point or mileage value of the enamel level in that category.

Hederspris [hay-dersh-prees] —the outstanding achievement award—is for completing bronze, silver, gold and enamel levels in any three sports medal categories.



**Contact Tony or stay tuned to the Sons of Norway website for details on submitting points toward these pins!**



GOD PUT ME ON  
THIS EARTH TO  
ACCOMPLISH A  
CERTAIN NUMBER  
OF THINGS. RIGHT  
NOW I AM SO FAR  
BEHIND, I WILL  
NEVER DIE.



**King Soopers Community Rewards**

If you shop at King Soopers, here’s a good fund raiser for Fjelldalen. King Soopers has a Rewards Program that benefits Fjelldalen by giving a percentage of what you spend back to our lodge. All you have to do is sign up on your King Soopers account, and use your KS Sooper-Card when you check out.

Or if you want help, call Don Speas at 720-299-7309 ([donspeas@hotmail.com](mailto:donspeas@hotmail.com)) and I’ll give you a hand. If need be, I could stop by and help you on your computer.

**King Soopers donations account for about \$800 a year in donations to Fjelldalen. Keep up the GOOD work!**

**New To Sons of Norway?**

Welcome! You’re now a part of the fastest growing fraternal insurance company in the industry. To help you get acquainted, we’ve set up a helpful training library to get you ready to sell Sons of Norway products. Ready to get started?



207 Whisper Lane  
Grand Junction, CO 81503

**Kendall Kjerstad**  
Financial Benefits Counselor  
CO Lic. #557615

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[www.sonsofnorway.com](http://www.sonsofnorway.com)

Business: 970-697-1114  
Cell: 605-939-1714

# Newsletter Recipe

## Tea & Bubbles Cocktail



### Ingredients

- 1 bottle of your favorite cava/champagne/sparkling wine – we used Gloria Ferrer Blanc de Noirs sparkling wine from California!
- 4 bags of your favorite tea – we used Rishi Tea’s Blueberry Hibiscus
- 2 cups boiling water
- 2 cups sugar – we used turbinado
- Blueberries for garnish

### Recipe

- Brew two cups of strong tea using your tea bags and boiling water. Allow to steep until the tea is very dark. We used a fruity tea, but you could also go with a classic black tea blend like Earl Grey.
- To make the tea syrup, combine equal parts of brewed tea and sugar in a pan, mix until sugar is dissolved and simmer until a thick syrup is formed. About 10 minutes.
- Allow syrup to cool completely.
- To make the cocktail, simply drizzle a small amount of your tea syrup into the bottom of your flute or coupe.
- Top with your favorite sparkling wine.
- We garnished with blueberries to compliment the blueberry hibiscus tea.

TIP: The tea-flavored simple syrup will keep for three weeks in the refrigerator.

### **Brought to you by the Matlagings Klubb.**

The cooking group meets once a month and eats their results! This group meets in a volunteer’s home on the afternoon of a 3rd or 4th Friday and cooks or bakes a Norwegian delicacy. Everyone brings things to go in or with the recipe and they all enjoy the companionship. Open to all levels of talent. Contact Lise—[mark\\_and\\_lise@yahoo.com](mailto:mark_and_lise@yahoo.com) or Donita—[donitanorsk@gmail.com](mailto:donitanorsk@gmail.com).

### ***The Sunshine Troll***



Contact Donna Newland (303-973-8097 / [aahhhco@gmail.com](mailto:aahhhco@gmail.com)) AND the newsletter editor Tony Hjelmstad (303-324-5381 / [tony@norsky.net](mailto:tony@norsky.net)) about any Member who needs some tender greetings from Fjelldalen Lodge!

Jack Paulsen is the first Fjelldalen Member we know that came down with this COVID-19 virus. Let's keep him in our thoughts and prayers. If you know of anyone else that has this virus, let us know so we can help in any way.



# November



Submit to Tony Hjelmstad at

[tony@norsky.net](mailto:tony@norsky.net)

The November-December 2020 newsletter comes out the last week of October. All items for the next newsletter must be submitted by:

***October 15th, 2020***



## GET YOUR RECRUITER PIN !

More than **500 members** have earned a recruitment pin in **2020**. Mailing of recruiter pins continues each month.

We are seeing many new members joining online. Thank you for adapting during the COVID-19 pandemic, when we aren't able to enroll new members as easily in person. This year we have added **2,631 new members** through **May 31**.

Fjelldalen added 20 members in 2019 and has added 10 members of our 21 new member goal for 2020.



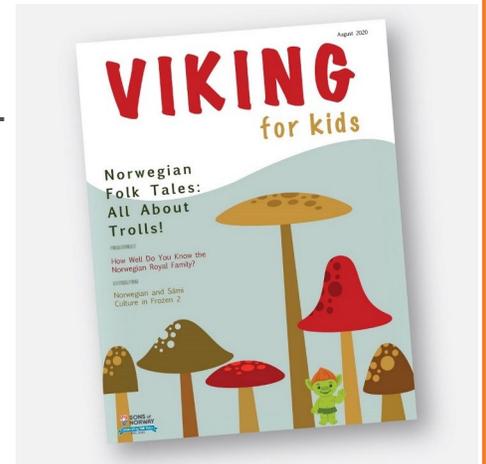
## It's Here! Download Viking for Kids Now!

As part of our 125th anniversary celebrations, we are thrilled to announce the launch of Viking for Kids. Now available for download, Viking for Kids is a quarterly digital publication that includes Scandinavian-inspired articles, quizzes, coloring pages and more!

We are excited for our heritage members to have a magazine of their own and we look forward to seeing it in use.

Download your copy now—August 2020

[Digital Download](#)  
[Print-ready PDF](#)



## A "NEW" FORM OF NORTHERN LIGHTS IDENTIFIED

Image credit: Kari Saari

The northern lights, also known as aurora borealis, are a dazzling natural phenomenon that occur when charged particles from the sun enter the earth's atmosphere and collide with gaseous particles. The resulting display can include various colors and shades of lights that dance across the night sky. While the northern lights inspire awe in any form, not all displays are created equal. In fact, there are several different shapes and types of northern lights, including arcs, bands, pillars and corona. But just recently, hobby photographers documented another form of northern lights that didn't fit into any of the pre-existing categories. It has been given the name "The Dunes."



In October of 2018, aurora photographers and enthusiasts from Finland were watching a display that caught their attention as something they had not witnessed before. They quickly enlisted the help of an astrophysics researcher, Minna Palmroth, who had just written a book on aurora.

Palmroth, with the assistance of other researchers, studied the photos and determined which part of the atmosphere the lights originated in, which helped them to characterize the "new" aurora. Eventually, the researchers were able to view the new type of northern lights in real time. It's been described as "luminous, rippling patterns of waves, like sand dunes on a beach."

It's remarkable that Palmroth, the photographers, and the team of researchers were able to identify this unusual form of aurora; the study of northern lights can be challenging due to the fact that the phenomenon occurs at the intersection of space and atmosphere, which is constantly in flux. Nonetheless, their results have now been published in a scientific article. As detailed in the study, they believe that "The Dunes" occur in the mesosphere, at an altitude of around 100 kilometers.

The northern lights remain an intriguing subject to researchers, scientists and hopeful observers. Widespread fascination with the northern lights has helped news of this groundbreaking research to spread quickly. Of course, although "The Dunes" is newly documented, that does not mean that it hadn't existed before. Discoveries such as this one remind us of the importance of questioning the world around us so that we may continue to uncover the world's mysteries.

## 125th Anniversary Ornament and 2020 Christmas Ornament

Last year, Sons of Norway introduced their 125th anniversary Christmas ornament and they flew off our shelves! They had planned on these ornaments being available for both 2019 and 2020, but were pleasantly surprised by how quickly they sold out.

So, by popular demand, they have brought the 125th anniversary ornament back! They have only a limited stock available, so act fast!

And that's not the only surprise they have for you—they will be introducing a new ornament in October 2020! It's beautiful and different, and they can't wait for you to see it!

[Shop Now](#)



## A VIKING ERA DURING THE BRONZE AGE IN NORWAY?

There is growing consensus among archaeologists that there was a Viking era in Norway, including exploration through maritime travel, a full 2,000 years before the established Viking Age. The Viking Age is typically considered to have occurred about 1,000 years ago—from roughly 800 to 1050 A.D. During this time, Vikings were known for constructing boats that enabled them to sail the world in exploration and conquest. [Read More](#)

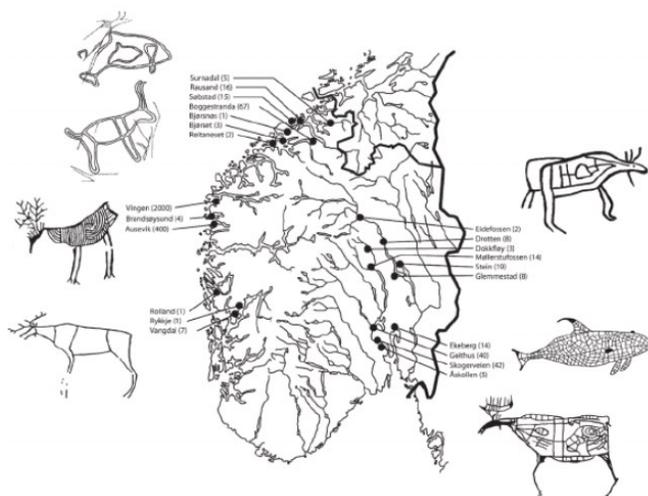
## THE PREHISTORIC ALTA ROCK ART

The property is situated in the northernmost part of Norway, far north of the Arctic Circle at the head of the Alta Fjord. It contains thousands of rock carvings and paintings located at 45 sites in five different areas at the head of the Alta Fjord (Kåfjord, Hjemmeluft, Storsteinen, Amtmannsnes and Transfareldalen). More rock art made by hunter-gatherers is found in Alta than anywhere else in northern Europe. This seems to indicate that for thousands of years, from approximately 5000 B.C. to about the year 0, Alta was an important meeting place far north of the Arctic Circle. The development of carvings in Alta through thousands of years can be related to the post-glacial land upheaval. The oldest carvings are found at the highest points of the landscape. In Alta the changing landscape of prehistoric times is evident, and the position of the carvings also provides a key to understanding the chronology of rock art in the circumpolar region.

The Rock Art shows communication between the world of the living and the worlds of the spirits, and gives insight into the cosmology of prehistoric hunters and gatherers. There is an exceptionally high number of human figures and compelling portrayals of prehistoric social life, dancing, processions, and rituals. Moreover, the Rock Art provides a unique testimony to the interaction of hunter-gatherers with the landscape. The panels show hunting, fishing and boat journeys, and are thought to represent micro-landscapes. A wide range of circumpolar fauna is depicted (reindeer, elks, bears, fish, whales, seabirds, etc.). Studies of material culture are enriched by the many different artefacts shown on the Alta panels. Good preservation conditions permit the study of rock art production.

Investigation of the large settlement sites adjacent to the carvings gives a better understanding of the social context of the Rock Art. The Rock Art and the settlement sites demonstrate communication in prehistory with areas thousands of kilometres away.

<https://whc.unesco.org/en/list/352/>



# Kid's Page

## How Odin Found the Runes

There is a wonderful story about where the runes came from, and it stars the great God Odin. It goes something like this:

Odin the All-Father wanted to gain further wisdom, and so he hung himself by one foot from a great tree (some say it was the world tree Yggdrasil). He hung there for nine days and nine nights, having no food or no water all that time. He made a promise to himself that he would hang so until he learned what wanted.

After those 9 days, he saw the runes before his eyes and he grabbed them before falling from the tree. He discovered the charms, each with its own sacred meaning. And those are the runes we have today.



The original tale comes from the Havamål, part of the Elder Edda. This is how it starts:

*Wounded, I hung on a wind-swept gallows  
For nine long nights,  
Pierced by a spear, pledged to Odin,  
Offered, myself to myself  
The wisest know not from whence spring  
The roots of that ancient rood.*

*They gave me no bread,  
They gave me no mead,  
I looked down;  
With a loud cry  
I took up the runes;  
From that tree I fell.*

The story goes on to describe his impression of each of the runes. And we'll go on to learn what each of them means too.



## Happenings

### Midsommer Festival

This June 26, several Sons of Norway, Viking Club and Swedish Dancers Club members gathered in Erie, Colorado to honor Ruth Ann and Sharon Fulner whose family started the Scandinavian Festival in Estes Park over 20 years ago. Nearly every year since, the Fulners have helped put on the festival.

When a parade of people in bunads came parading down the street accompanied by live Norwegian music being played on an accordion by Ron Thomsick, Ruth Ann was quite surprised! This was an all day event held in Sharon Fulner's front yard. Masks were worn due to the Covid 19 dilemma. Neighbors came out to enjoy as they walked by on this lazy Sunday afternoon being uplifted by all the excitement.



Fjelldalen members Linda and Dan attended.

### District 6 Crafts Show and Tell

On Sunday, July 26th, District Six held a District wide Craft and Arts "Show and Tell". This was an opportunity to show what Norwegian and Scandinavian heritage crafts District 6 Members had completed during their COVID induced vacation.



Fjelldalen members Linda, Crystal, and Tony participated in the practice presentation July 25th, along with 14 other people.

Fjelldalen members Linda, Crystal, Tony, Teri, along with 26 other lodge members participated in the Show and Tell. Crystal showed Hardanger, Linda showed a wonderful Nisse painting she made, and Tony presented a genealogy video of his musical composition.



# Fjellaldalen Lodge #6-162 Highlands Ranch, Colorado



## SPESIELLE INTERESSEGRUPPER

Fjellaldalen Lodge has some special interest groups you may want to consider. We need members—and non-members—that are interested to join these groups.

If you don't see a group you're interested in contact a Board member and we'll see if there's enough interest to form a new group.

So far, we have the following Groups:

- ◆ Norsk Klasse: Social get togethers while speaking in Norse! This is an open group that will converse in Norwegian (and English) while socializing. Come together to socialize while learning and speaking Norwegian! All are invited and with any level/ability to speak.



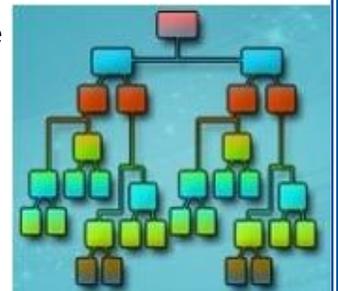
- ◆ Håndverker: Craft group get togethers. Meet to learn new crafts as well as work on your own projects and share ideas! This group needs a leader and/or someone willing to host the group.

- ◆ Koret: Literally Choir, but in this case a social folk-singing group. If you enjoy singing, want to meet-up with others, and want to learn Norwegian songs to share at lodge meetings, this is for you. Open to all levels of talent.



- ◆ Matlagings Klubb: The cooking group meets once a month and eats their results! This group meets in a volunteer's home on the afternoon of a 3rd or 4th Friday and cooks or bakes a Norwegian delicacy. Everyone brings things to go in or with the recipe and they all enjoy the companionship. Open to all levels of talent. Contact Lise—mark\_and\_lise@yahoo.com or Donita—donitanorsk@gmail.com.

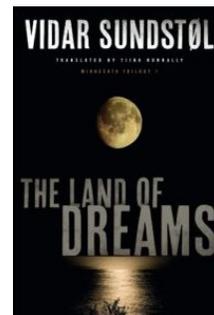
- ◆ Slektforskningklubb: The Genealogy group meets On-Line the first Saturday of the month at 10:00 am. They look at both general genealogy and Norwegian and Scandinavian specific tools and discuss how to use and work on practical examples. Help sessions usually occur for the last half of the meeting. Open to everyone. Contact Tony Hjelmstad—[tony@norsky.net](mailto:tony@norsky.net)—for an E-vite or with questions. **Join Genealogy Via Zoom**



- ◆ Leseklubb: The reading club—One Lodge, One Book, Every two months. Contact Tony Hjelmstad—[tony@norsky.net](mailto:tony@norsky.net)—with questions.

Please contact the Tony for suggestions for future selections about Norway, by Norwegian Authors, or About Norwegian Culture!

See article for this newsletter's selection



To join a group, contact Donita or any Board member.  
Donita—[donitanorsk@gmail.com](mailto:donitanorsk@gmail.com)