

Fjelldalen's NYTT



"Mountain Valley"



SONS of NORWAY

Fjelldalen Lodge #6-162

Highlands Ranch, Colorado

Volume 26, Issue 2
March—April 2021

Coming Up ALL meetings are on Zoom

February 2021

23 6:30 Board Meeting - [Join via Zoom](#)

March 2021

3-4 10—12 Food Drive at Christ Lutheran

6 10:00 Genealogy

Changes in Fylke Boundaries

[Join Genealogy Via Zoom](#)

1:00 Lodge Meeting—[Join via Zoom](#)

Norwegian Knitting

17-18 10—12 Food Drive at Christ Lutheran

30 6:30 Board Meeting - [Join via Zoom](#)

April 2021

3 10:00 Genealogy

Migrations within Norway

[Join Genealogy Via Zoom](#)

1:00 Lodge Meeting—[Join via Zoom](#)

Påskekrim booklist

7-8 10—12 Food Drive at Christ Lutheran

21-22 10—12 Food Drive at Christ Lutheran

27 6:30 Board Meeting - [Join via Zoom](#)

May 2021

1 10:00 Genealogy

Year-end Wrap Up & Fall Planning

[Join Genealogy Via Zoom](#)

1:00 Lodge Meeting—[Join via Zoom](#)

Bunads

16 11:00 Sytennde Mai—Sterne Park

25 6:30 Board Meeting - [Join via Zoom](#)

June 2021

25-27 Scandinavian Festioval—Estes Park

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About Us

The mission of Sons of Norway is to promote and to preserve the heritage and culture of Norway, to celebrate our relationship with other Nordic Countries, and provide quality insurance and financial products to our members.





Fjell dalen Lodge #6-162 Highlands Ranch, Colorado



Lodge Meetings Are now on Zoom

To join a Lodge meeting, just Click on the Links Below!!

Join the Lodge Zoom Meeting

Meeting ID: 899 2806 0674 Passcode: 137506

Join Genealogy Zoom Meeting

Meeting ID: 860 5229 1262 Passcode: 700388

How to join a Lodge Zoom meeting

How to join a Zoom meeting on desktop

- Click join the [Join Zoom Meeting](#), the link above, or in the email or in the newsletter.
- A browser window will open and ask you to select to open the Zoom app or run in a browser
- If prompted for the Meeting ID—you shouldn't be, but in case, use the Meeting ID and Passcode on the line below the link.

How to join a Zoom meeting on mobile (iPhone, Android)

- Tap on the meeting invite URL in the email which will open the Zoom app. The app may ask for permission to use your phone's camera.
- If prompted for the Meeting ID—you shouldn't be, but in case, use the Meeting ID and Passcode on the line below the link.

If you haven't installed the Zoom App, you'll be asked if you want to install it. For desktops you have a choice. For most tablets and phones, you will have to install it. Download the Zoom app for iOS or for Android on Google Play, and set it up using your contact information

Test your Zoom setup

To test how a meeting works, Zoom has a test meeting you can join. This will allow you to test your speaker and microphone—or headphones—and you video. Follow the instructions at:

<https://zoom.us/test>

Call Tony at 303-771-1428 if you need help.

ATTENTION FJELLDALLEN LODGE MEMBERS

Don Speas has copies of the Lodge directory. Contact him if you want one.



Also, if you change your mailing address, phone number or email address please contact Don Speas (Publicity Director), 720-299-7309 or email Don at donspeas@hotmail.com

Thank you!



Fjelldalen Lodge #6-162

Highlands Ranch, Colorado



A Message From the Fjelldalen President

Dear Fjelldalen Lodge Members,

Brrr... We had some record cold days this past February. With Punxsutawney Phil having seen his shadow on Groundhog Day predicting 6 more weeks of Winter, it probably should not have come as any surprise. My only hope is the extra Winter will bring the necessary snow/water we need to carry us through a summer and lessen the fire risks. Please stay warm and safe during these days.

Meanwhile, the pandemic continues to change our lives. It has changed how we visit our families, how we socialize, how we work, how we play, how we worship, how we educate, how we shop, how we exercise, how we relax... and how we meet as a Lodge each month. It is astonishing to me that it has been a year (wow!) this March that things started closing and life on our planet changed forever. It was just a year ago, March 2020, that we had our in-person Fjelldalen Lodge meeting with a program on Paulsbo Washington. Within a week things shut down. Schools, churches, grocery stores, gyms, restaurants, etc. We kept hoping things would resume to 'normal' for such a long time. It was not until October 2020 that our Lodge started having Zoom meetings. We are still learning along the way, doing our best. We are grateful to have such a supportive Lodge as we look for programs that entertain and educate us all.

Each month I'm still hoping to learn a new skill. A year later, I thought I'd have a lot of new skills but to be honest, sometimes my skill for the day is just to leave my house to get the mail. Spending so much time inside due to the public health restrictions and concerns has had an effect on me. I'm very happy for the promises of these new vaccines, and with them more hope and less fear in the near future for brighter days with family and friends.

I hope you are able to join us for one of our upcoming Zoom programs. Our numbers are growing. These Zoom meetings are so easy to join with just the push of a button...no need to get in your car and drive! If you sign in a few minutes early to the meeting, you'll find some of us there visiting so feel free to join in!

Be safe, be happy, and have joy.

Fraternally,

Donita



Fjellidalen Lodge #6-162 Highlands Ranch, Colorado



Fjellidalen Lodge #6-162 Officers for 2021

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TUBFRIM is BACK

To help Tubfrim do its crucial work, simply clip canceled stamps from envelopes, leaving at least a quarter of an inch around the edge. Then send them to:

Lloyd Newland
10300 W. Montgomery Av.
Littleton, CO 80014

Sons of Norway Trivia

How much do you know about Sons of Norway and our members? Test your knowledge with these questions.

Where is the largest Sons of Norway local lodge located?

- A. Fargo, North Dakota
- B. Seattle, Washington
- C. Anchorage, Alaska
- D. Minneapolis, Minnesota

(Answer: B – Leif Erikson lodge in Seattle has more than 1,300 members.)

True or False: Canada's first Sons of Norway lodge was Sleipner Lodge, founded in 1910.

(Answer: True. Sleipner Lodge is located in Vancouver, BC.)

Our members find unique ways to support their communities. Which of the following community service projects have members taken part in?

- A. Adopt-a-Cow
- B. Soda can tab collection
- C. Knitting baby hats
- D. All of the above

(Answer: D – All of the above.)

Adopt-a-Cow: This Second Harvest program donates milk for hungry families. Members at Mandt Lodge 5-314 in Stoughton, WI adopted two weeks of Penny the Cow's milk production.

Soda can tabs: At Fridtjof Nansen Lodge #6-009 in Long Beach, CA, members collect soda can tabs for their local Ronald McDonald House and make meals for families staying at the house.

Baby hats: Members of Edvard Grieg Lodge 5-657 in Cincinnati, OH, knit 24 baby hats for the Cincinnati American Heart Association's "Red Hats for Red Hearts" program.

This Month's SofN Web Site Feature

Cultural Skills and Sports Medals—New Procedures

1. Submit Tracking Cards and Reports to Tony Hjelmstad, the Cultural Skills and Sports officer. Get Cards and Reports from Tony.
2. Tony will verify the paperwork is correct and that all requirements have been fulfilled.
3. Tony will note that the award has been earned.
4. Tony will contact you about whether you wish to have a Pin/Medal purchased. If you do so, payment will have to be made to the treasurer and then the Pin/Medal will be ordered.

Note that this is a significant change on how awards are verified and that there is now a cost for the Pins and Medals. While this has been a benefit of membership, the cost of the Pins and Medals is no longer covered by the membership dues.

Fjelldalen has a limited budget and this cost can't be absorbed.

The cost for a Sports pin is \$3.00 plus \$13.00 shipping/handling and tax.

For Cultural Awards, if you do not have the Cultural Skills Medallion, it is \$3.00. If you do not have the Cultural Skill Bar, that will be another \$3.00. Then the Cultural Skill Level Bars are \$3.00 for each level. There is shipping and handling fee of \$13.00 and tax is added to each purchase.



First time Cultural Skill Awards will cost \$22.00—plus tax.

Each Sports pin will be \$16.00 plus tax.



Birthdays: GM Golden Members! LM Life Members HM Heritage Members

Name	Mon	Day	Type
Anne-Marie Fanakra	3	2	
Lorraine E Anderson	3	4	
Marilyn K Lyle	3	5	
James Edward Beatty	3	7	
Richard Klingen Aspnes	3	8	
Molly Jeanne Parrish	3	8	
Kathryn A Alvestad	3	17	
Ava Runung	3	18	HM
Conner Einarsen	3	22	HM
Linda G Ault	3	24	
Janice Ernster	3	27	
Jason J Runung	3	27	
Fox Peterson	4	3	HM
Jane A Hoskinson	4	12	
Bernice E Hegge	4	21	GM
Donna M Krowen	4	23	
Arvid B Brekke	4	24	GM
Anya Runung	4	25	HM
Gail M Kettelson	4	28	
Carol Sue Toffoli	4	28	
Teri Hjelmstad	4	29	
Lloyd C Newland	4	30	



Recent New Members

Riley Erickson
Penelope Einarsen



Best Wishes. Mange Takk,, Kendall Kjerstad

For those members whom may not have done a Financial Review recently, the Financial Industry, recommends that it should be done at least once every three years.

So, I would like to invite any and ALL members to please give me a call, so we may set up an interview time, via the telephone, to go through this important process.

It is a safe and painless procedure, all information is confidential, and usually often accomplished in 20-30 minutes. So, please feel free to give me a call.

Let me help you figure out what strategy is best for you. Please reach out to me now for a free consultation.

Kendall Kjerstad,
Email: kjerstadkendall@yahoo.com
Phone: 9706971114

Ole & Lena's 10 Commandments

1. Der's only one God, ya know.
2. Don't make that stuffed walleye on your mantle an idol.
3. Cussin ain't nice.
4. Go to church even when you're up nort.
5. Honor your folks.
6. Don't kill. Catch and release.
7. There's only one Lena for every Ole. No cheatin.
8. If it ain't your lutefisk, don't take it.
9. Don't be braggin bout how much snow ya shoveled.
10. Keep your mind off your neighbor's hot-dish.



Community Rewards

King Soopers donations account for about \$800 a year in donations to Fjelldalen. Keep up the GOOD work!

If you shop at King Soopers, here's a good fund raiser for Fjelldalen. King Soopers has a Rewards Program that benefits Fjelldalen by giving a percentage of what you spend back to our lodge. All you have to do is sign up on your King Soopers account, and use your KS SooperCard when you check out. Go to:

<https://www.kingsoopers.com/account/communityrewards>

If you want help, call Don Speas at 720-299-7309 (donspeas@hotmail.com) and he'll give you a hand.

The Sunshine Troll

Contact Donna Newland (303-973-8097 / aahhco@gmail.com), Don Speas (303-973-2158 / donspeas@hotmail.com) and the newsletter editor Tony Hjelmstad (303-324-5381 / tony@norsky.net) about any Member who needs some tender greetings from Fjelldalen Lodge!

- Linda Ault's brother Robert Forsman died on Jan 6 in Plano, Texas and was 67 years old. He died of non-Covid related pneumonia.
- Donita Zblewski and Marylee Hagen have been sick.
- Don Speas is recovering from a back injury.
- Jane Hoskinson is still recovering from a bout with Covid.



Matlagings Klubb Recipes—one for each month!

Mors Grov Brod

Ingredients

- | | |
|---|--------------------------------|
| 1 cake compressed yeast | 4 cups lukewarm water, divided |
| 1/2 cup molasses | 1 Tbsp. salt |
| 3 Tbsp. melted butter, reserved | 6 cups white flour |
| 2 cups graham flour | 1/2 cup sugar |
| 1/2 cup melted butter or shortening, plus grease for 4 bread pans | |



Instructions

1. Dissolve yeast in 1/2 cup of lukewarm water; let stand 15 minutes.
2. Add 3 1/2 cups lukewarm water, molasses, salt, sugar and 1/2 cup melted butter or shortening.
3. Add enough flour to make a soft sponge.
4. Beat thoroughly for about 10 minutes, then add the rest of the flour to make a stiff dough.
5. Knead dough, then place in a greased bowl, cover and set in a warm place.
6. When the dough has doubled in bulk, knead again. Let rise once more, then shape into 4 loaves and place in greased pans.
7. Let rise until light (the bread will come to the top of the pan or slightly higher).
8. Bake about 45 minutes in a moderate oven (350 degrees Fahrenheit or 175 degrees Celsius).
9. Brush tops with reserved melted butter. *Vær så god!*

Fastelavensboller - Lenten Buns

Ingredients

- | | |
|---------------------|---------------------------------|
| 3 ½ oz Butter | 1 ½ cup Milk |
| 19 ½ oz Flour | 1 Egg and 1 Egg for glazing |
| 3 oz Sugar | |
| ½ tsp Baking Powder | Filling |
| 1 tsp Cardamom | Strawberry Jam or mixed berries |
| ¼ tsp salt | 1 ¼ cup Whipping Cream |
| 2 tsps dry yeast | Powdered Sugar |



Instructions

1. Crumble the butter with the flour in your kitchen machine using the dough hook, add the rest of the dry ingredients and mix together. This can all be done by hand as well.
2. Heat milk in microwave for 1 minute, but make sure it is only lukewarm. (If it is too warm it will kill the yeast and the dough will not rise.) Mix the egg with the milk. (You do not have to use an egg, some recipes do not call for it.)
3. Pour the milk and egg mixture into the dry ingredient slowly while mixer is on. Mix well for at least 5 minutes until you see dough slip away from the bowl. If it is a little sticky that is ok.
4. Cover the bowl with plastic and let sit to rise for about 2 hours or until doubled in size.
5. Use mixer again just for a couple of minutes to “knock” down the dough. Empty out on counter and divide into 20 rolls. Form the buns into balls and place on baking sheet that is covered with parchment paper. Let sit for a second rising, about 1 hour. During the last 10-15 minutes turn on the oven to 425F. Stir the egg with a fork for the glazing and brush on each roll.
6. Bake in the middle of the oven for 10-12 minutes.
7. Let cool. Whip the cream until stiff. Remove just a little of the bun in the middle and spread a tablespoon of jam on the bottom part and then add as much whipped cream you want. Put top part on and dust with powdered sugar.

One Lodge, One Book, One Film, One Music Selections

Trollhunter (Trolljegeren) (2010)

There are few things more inextricably linked with Norway than the mythology of trolls and so it's fitting that one of the best known Norwegian movies of recent times involves trolls. This is Trollhunter.

Shot in the 'found footage' style of films such as Blair Witch, a group of students investigating the mysterious deaths of a number of bears meet Hans who they soon find out is a troll hunter, tasked by a secret government agency to hunt down and eliminate some trolls who have strayed from their territory.

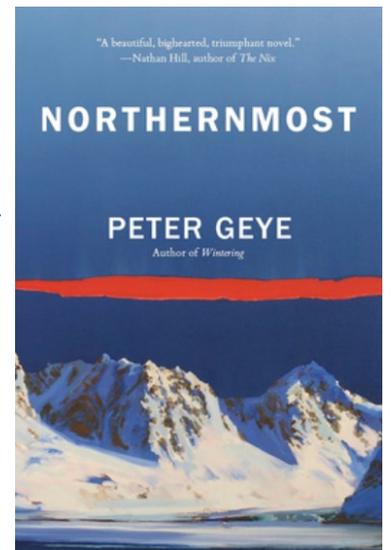


In 1897, Odd Einar Eide returns home from a near-death experience in the Arctic only to discover his own funeral underway. His wife, Inger, stunned to see him alive, is slow to warm back up to him, having spent many sleepless nights convinced she had lost both him and their daughter, Thea, who traveled to America two years earlier but has yet to send even a single letter back to them in Hammerfest, their small Norwegian town at the top of the earth.

More than a century later, Greta Nansen has finally begun to admit to herself that her marriage is over. Desperately unhappy and unfulfilled, she makes the decision to follow her husband from their home in Minneso-

ta to Oslo, where he has traveled for work, to end it once and for all. But on impulse, for reasons unknown even to her, she diverts her travels to Hammerfest: the town of her ancestors, the town where her great-great-grandmother Thea was born--and for some reason never returned to.

Braiding together two remarkable stories of love and survival, Northernmost wades into the darkest recesses of the human heart and celebrates the remarkable ability of humans to endure nearly unimaginable trials.



Musikklubb *This is the third recording of four*

needed for the Music and Musicians Cultural Skills program—Part 1

Folk Music from Norway Various Artists

Play List 3—Fiddle and Mouth Harp Music

Available free on the SofN.com web site—direct link below

[Listen Here](#)





7 Nordic-Inspired Ways to Celebrate Spring

As late winter gives way to Spring, here are some Nordic-inspired ideas to celebrate the change of seasons.

1. Be inspired by natural beauty and savor the stillness of each morning by photographing the sunrise over several days or weeks.
2. Pick your favorite Norwegian cookie or bread and fill your home with the inviting scent. Then surprise a friend by sharing your homemade treat.
3. Every spring brings changes to our lives. Take time to handwrite a letter to an old friend you haven't seen in months or years and ask "what's new?"
4. Enjoy a walk in the warming weather. Look for budding trees and new growth on shrubs and bushes. Have some early spring flowers like snow drops or daffodils started to pop up?
5. Is there a cultural skill you want to explore this year? Consider a skill you're curious about but have never tried. Even better, share the fun of learning by inviting a friend or family member to join your exploration.
6. Fill a bird feeder and your bird bath, if temperatures permit. Keep a birding guide handy to identify returning migratory birds. When will the first robin of the season arrive?
7. It's been said that when you plant kindness you gather joy. As you go about each day, live your Nordic values with simple acts of kindness to others and add joyful moments to your life!

Norway's Wacky Winter Sport

From Sobetsu, Japan to Vardø, Norway, people around the world take part in the latest—and arguably strangest—winter sport dubbed Yukigassen.

The sport first originated in Japan during the mid-1980s and eventually made its way to Norway during the late 90s. Yukigassen, meaning “snow-battle” in English, is essentially one big snowball fight that combines the game of dodgeball with the traditional rules of capture the flag. It's played with two teams of seven players, each getting eliminated after being hit by a snowball. A winning team is only declared once all members of a single team have been eliminated or one player captures the opposing team's flag.

Although the sport remains most popular in its country of origin, with nearly 1,000 Japanese teams competing each year, annual tournaments are also held in Finland, Australia, Sweden, Russia, the U.S., Canada and Norway.

In fact, Norway just celebrated its 23rd annual Yukigassen event last month in Vardø, Norway. In addition to snowball fights, The Nordic Yukigassen Championship has evolved into a five-day winter festival that includes a Golden Glove contest, Yuki quiz, Yuki dance competition, crowning of the Yuki king and queen, a parade and several concerts throughout the city.



FOUNDATION UPDATE

The Sons of Norway Foundation's "Together We Are The Future" campaign was an overwhelming success!

Because of you, the Foundation received a total of \$210,164 in donations. Here is a breakdown as of January 13:

- \$106,590 in unrestricted donations
- \$103,574 in restricted donations

The restricted donations included \$53,000 to the Jensen Scholarship, \$17,013 to the Humanitarian Fund, and \$33,561 donated to other scholarship funds.



Donations were received from over 700 members and 113 lodges.

On behalf of the Sons of Norway Foundation Board of Governors, we cannot thank you enough for your support.

Always remember: The Foundation is here for you . . . for good and forever.

EMAIL SCAMS ANNOUNCEMENT

We've recently had a number of complaints of what seemed to be spam emails from various district or lodge leaders. These emails would typically seem as if they were coming from a lodge leader and would ask for money, a gift card, etc.

This is referred to as spear phishing. You likely have heard of phishing, which is when a bad actor sends an email asking you to do something (e.g. send gift cards or give out your password). Spear phishing is a more sophisticated type of phishing, which we experienced here, when the bad actor makes the email look more legitimate by using a familiar name and title, and by sending it to people likely to relate (in this case, lodge members).

One of the easiest ways to identify an email as a phishing attempt (which applied here) is that the sender's name and email address do not match. Another big giveaway is that they often come from out of the country and the emails contain broken English.

One reason we are susceptible to these types of phishing attempts is that the contact info for our district and lodge leaders is publicly available on our website. We have decided to temporarily disable this feature as we consider better alternatives. As of today, the Lodge Directory on the public website has been temporarily removed, and the page now redirects to a zip code finder for people looking for a lodge in their area.

We will continue to actively monitor this situation and take necessary steps to safeguard your data, while helping our members find the information they need. Please feel to reach out to David Crabb with any further questions or concerns.



Kid's Page Get it Here!

February 2021

VIKING

for kids

What's School
Like in
Norway?

Goofy
Giggles

Fun Facts
About Knitting





Fjellaldalen Lodge #6-162 Highlands Ranch, Colorado



SPESIELLE INTERESSEGRUPPER

Fjellaldalen Lodge has some special interest groups you may want to consider. We need members—and non-members—that are interested to join these groups.

If you don't see a group you're interested in contact a Board member and we'll see if there's enough interest to form a new group.

So far, we have the following Groups:

- ◆ Norsk Klasse: Social get togethers while speaking in Norse! This is an open group that will converse in Norwegian (and English) while socializing. Come together to socialize while learning and speaking Norwegian! All are invited and with any level/ability to speak.



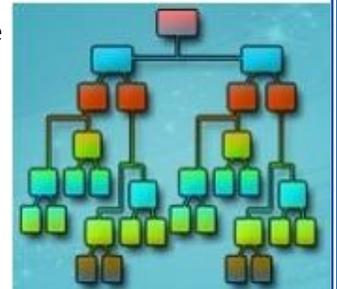
- ◆ Håndverker: Craft group get togethers. Meet to learn new crafts as well as work on your own projects and share ideas! This group needs a leader and/or someone willing to host the group.

- ◆ Koret: Literally Choir, but in this case a social folk-singing group. If you enjoy singing, want to meet-up with others, and want to learn Norwegian songs to share at lodge meetings, this is for you. Open to all levels of talent.



- ◆ Matlagings Klubb: The cooking group meets once a month and eats their results! This group meets in a volunteer's home on the afternoon of a 3rd or 4th Friday and cooks or bakes a Norwegian delicacy. Everyone brings things to go in or with the recipe and they all enjoy the companionship. Open to all levels of talent. Contact Lise—mark_and_lise@yahoo.com or Donita—donitanorsk@gmail.com.

- ◆ Slektforskningklubb: The Genealogy group meets On-Line the first Saturday of the month at 10:00 am. They look at both general genealogy and Norwegian and Scandinavian specific tools and discuss how to use and work on practical examples. Help sessions usually occur for the last half of the meeting. Open to everyone. Contact Tony Hjelmstad—tony@norsky.net—for an E-vite or with questions. [Join Genealogy Via Zoom](#)



To join a group, contact Donita or any Board member.

The May-June 2021 newsletter comes out the last week of April.
All items for the next newsletter must be submitted by:

April 15th, 2020

Submit to Tony Hjelmstad at tony@norsky.net





FRIDAY MARCH 26 AT 7 PM.

“THE SLOOPERS OF 1825 – AND THE VOYAGE OF THE RESTAURATION”

On July 5, 1825, the sloop Restaurasjonen left from Stavanger with 52 people aboard. This is considered to be the first organized emigration party to leave from Norway. The passengers came from the southwestern part of Norway, many from Tysvær. Our speaker, Dale Goodman, is a direct descendent of both great-grandparents and 3 great-great-great aunts who were passengers on the Restaurasjonen. He will talk about the events leading up to the voyage, why it took until October 9 for them to reach America, what happened in the new colony they established in upstate New York, and ultimately how they ended up in what is now Norway, Illinois.

The sloop was built in 1801, in Hardanger, Norway and became a symbol of Norwegian American immigration. It set sail from Stavanger on July 4, 1825, overly crowded with 52 people aboard, many of them Norwegian Quakers, and landed in New York City on October 9, 1825, after a three-month voyage. The people who made this voyage, who are sometimes referred to as the "Sloopers," moved onward to their first settlement in Kendall, Orleans County, New York.

Dale has a Bachelor of Science degree in Forestry and Conservation and a Master's degree in Wildland Resource Economics from the University of California, Berkeley. He was able to study Forestry in Norway for one year at the Norwegian College of Agriculture. After thirteen years in commercial construction, the family moved to Dubuque, where he was enrolled at Wartburg Theological Seminary. After graduation in 1993, he served in Lutheran Outdoor Ministries until his retirement in 2012. He has a keen interest in Norwegian heritage and "all things Norwegian." Dale also currently serves on the Board of Director of the Vesterheim Norwegian-American Museum and Heritage Center in Decorah, Iowa.

This presentation is given in conjunction with Vesterheim Norwegian-American Museum and Folk Art School.

To register and receive a link for the presentation, please send a request to vesterheim.lodge@gmail.com.

Summer 2021 Program Dates

Trollfjell Folkehøgskule will be June 27 through July 10, 2021 for students 14 to 17 years old.

Camp Trollfjell will be July 11 through July 24, 2020 for campers 8 to 13 years old.

Registration is now open. Staff and CIT applications are now being accepted.



Registration for the Summer 2021 IN PERSON Camp Trollfjell and Trollfjell Folkehøgskule is now open. On-line forms and more information are on our website: <https://sofn6.org/arv/>

To be honest, we are not absolutely sure that we will be able to conduct in-person camp this year. It all depends on COVID-19 and state and local health restrictions. However, we are planning as if it will be. We are requiring all staff to be vaccinated, I get my second shot on Friday. If vaccines are approved for 8 to 17 year-olds before camp begins, we will request that all campers and students be vaccinated as well.

We are not sure what the demand for camp will be this summer. I see two opposing forces. The desire to get out and have face-to-face interactions vs. the reluctance to risk such gatherings. You can help us measure the demand by registering your kids and youth as soon as possible. Because of the COVID uncertainty, we will provide a full refund of any fees paid if we are unable to conduct our programs. You can even register now and delay payment if you wish.

Regards,
Bruce Fihe, Executive Director
Rebekah Strand, Program Director



++ Support This Youth Project ++

Camp Norge Playground

Restoration Project



*My name is **Baylee McKenney**, I'm a senior at Middletown High School and a member of Vikings of Lake Lodge #6-166. I would like to replace the play set at my childhood summer camp. I have been going there since I was 8, and I want to do something nice for the camp. The play set that is currently there is the first play set that was ever put in, it is very old, falling apart, and unstable. I would appreciate any help that I can get to replace the play set.*

Baylee is attempting to raise \$6,000 to put in all new equipment for our kids who come up to Camps Trollfjell and/or also visit with their families for camping experiences and to attend yearly Kretsstevner at Camp Norge.

You can donate on-line with a credit card using this form on the Camp Norge site (<https://www.campnorge.org/site/play-structure-donation/>) or you may send checks to Camp Norge, make the check out to Susan Winje, c/o Camp Norge and put in the memo section **play structure**. Mail to Camp Norge, PO Box 622, Alta, CA 95701.

Thank you for supporting our youth.